JULY 2025 NEWSLETTER • SPECIALIZED CARE. ADVANCED RECOVERY. TOTAL WELLNESS.

TREVISO TRANSITIONAL CARE



I Scream, You Scream, We All Scream for ICE CREAM MONTH!

Designated by President Reagan in the early 1980s, July is celebrated as Ice Cream Month, which features Creative Ice Cream Flavors Day on July 1 and Ice Cream Day on the third Sunday.

Did you know... the average American consumes 23.2 quarts of ice cream per year.

• The top three flavors are vanilla,



chocolate, and strawberry, often found in Neapolitan ice cream.

- Other popular flavors include butter pecan, mint chocolate chip, rocky road, and pistachio.
- Japan offers unique flavors like wasabi, sweet potato, and matcha.

If you could create your own ice cream flavor, what would you include? Would you start with a basic vanilla and add your favorite fruits, candies, or nuts, or would you start with something unconventional like pineapple-coconut and add bacon bits or hot sauce for a spicy twist? Looking for something fun to do on a hot afternoon? Host an ice cream social this July for family and friends. Offer a variety of toppings, sprinkles, drizzles, cones, and flavors for everyone to mix and match. Ask each quest to write down their favorite flavor or an imaginary flavor and have fun guessing who belongs to each flavor.



HAPPY BIRTHDAY

RESIDENTS

Danya O.	July 11th
Mary E.	July 12th
Janice N.	July12th
Arkie B.	July 19th
Doris F.	July 28th
Fred D.	July 29th
Mary G.	July 30th
STAFF	
Katherine H.	July 3rd
Janice E.	July 5th
Anita V.	July 9th
LaToyea	July 17th
Mieshia A.	July 17th
Majamah J.	July 21st
Tosha R.	July 26th
Tiffani T.	July 28th
Luz C.	July 29th

SPECIAL EVENTS

July 4th – Independence Party National Parents Day July 27

Activity Highlights





Welcome to New Residents

Greetings!

This journey that I have been on started with a man and woman that were vessels for God that saw potential in me. Sharonda Jenkins, who is now the DON of Treviso, promoted me from housekeeper to a CNA. And Matthew Mewborn, who is now the Administrator of Treviso, promoted me to Activity Director. It's wild how things in life work out!. I love what I do and pray that I am able to give all of my residents the opportunity to not only receive the care that they need, but also express their creative, spiritual, and intellectual side of themselves.

Thank You Treviso

Tosha Royal, Activity Director



TIPS FOR PREVENTING Heat Related Illness

✓ Wear Appropriate Clothing: Choose lightweight, lightcolored, loose-fitting clothing, wide-brim hats, and sunglasses. Many brands have offer UPF (Ultraviolet Protection Factor) apparel for added sun protection.

✓ Stay Cool Indoors: Stay in an air-conditioned place as much as possible. Even a few hours spent in air conditioning can help your body stay cooler when you go back into the heat. Taking a cool shower or bath or moving to an air-conditioned place is a much better way to cool off.

✓ Wear Sunscreen: Sunburn affects your body's ability to cool down and can make you dehydrated. If you must go outdoors, protect yourself from the sun by wearing a wide-brimmed hat, sunglasses, and by putting on sunscreen of 30 SPF (Sun Protection Factor) or higher 30 minutes prior to going out. Continue to reapply it according to the package directions.

✓ Drink Plenty of Fluids: Drink more fluids, specifically water, regardless of how active you are. Don't wait until you're thirsty to drink. However, be sure to consult with your physician how much water you should consume daily, especially during summer months. Stay away from very sugary or alcoholic drinks—these actually cause you to lose more body fluid and become dehydrated sooner.

✓ Updates and Buddies: Check your local news for extreme heat or UV alerts and safety tips. When working in the heat, be sure to have someone with you at all times. Monitor each other for signs of heat exhaustion or heat stroke.

Congratulations!

Resident of the Month: David M.

David M. is one of our talented residents here at Treviso! David M. playes in a band that was creative and full of energy!



David is a kind and caring soul that we love here at Treviso! Let's honor David for this great accomplishment!

Short-Term Therapy Success

Mrs. Karon G., at the time of her admission on 4/28/2025, she was requiring max levels of assist X2 • with all bed mobility, transfers and ADL's. She was also unable to stand or ambulate. As of 5/29/2025 she is now only requiring Min assist for the above-mentioned and is ambulating up to 125ft with a rolling walker with

min assist. We are absolutely ecstatic about the measurable progress that he has made. She and her husband have been very complimentary and pleased as well.





1154 E HAWKINS PKWY Longview, TX 75605

Admissions: 903.663.2750 trevisocare.com

ADMINISTRATIVE STAFF

Administrator Matthew Mewborn

Director of Nurses Sharonda Jenkins

Assistant Director of Nurses Jann Epps

Director of Admissions Tiffani Taylor

Director of Business Development Abraham Pina

Unit Manager Chadarian Turner & Wendy Womack

> Director of Social Services Stephani Tiller

> > Social Services Lakendra Baker

Business office Manager Amy Epperson

Director of Talent and Learning Miescha Golden

Case Management MDS/PPS Ivy Watson & Anita Vogelsang

> Director of Rehabilitation Kelly Hall

> > Activity Director Tosha Royal

Director of Medical Records Alstina Blanton

Director of Housekeeping Felicia Peoples

> Dietary Manager Jessielyn Hawkins

Director of Maintenance Darrell Smith

Payroll Coordinator Katherine Hall

Nurse Practitioners Teresa Darden & Jetta Bowman

> Medical Director Dr. Perez & Dr. Davis

Newsletter Production by PorterOneDesign.com

Stay conn

WORD SEARCH Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally.

All words are forwards reading only. No backwards. Good luck!

P F V Q E	X B I O T I C	O V X H A	M J R M H A	V B J E T B	T O X A B U E	M I R T D B C N E	F E J R N B	Y D N E M G O	W O A J E E K	A A C A R O	X I M Z F V	K Y N D F R I	R W S T A R S	H L X T Q S	H H H H H J
Q S D F	X L C	P A S N	V X U M	M E J X	U M U N	U W O L Y R	H J Y C	L I H F	N E I V	E P K K	E Z X B	D S H I	B R	O C K S W T	

WORD LIST

BOREDOM CHEESE EMOJI FLAVOR FRIENDSHIP HEAT ICE CREAM JULY MACARONI PAINT REUNION ROCKS STARS STRIPES SUN