

TREVISO TRANSITIONAL CARE



EVERY DAY
IS A CHANCE
TO CELEBRATE
OUR SENIORS

August 21 is recognized as **National Senior Citizen Day**—a time to honor the older adults in our lives and reflect on all they've given to their families, communities, and the world around them. While today is a great reminder to celebrate, the truth is: **every day is an opportunity to show our appreciation.**

Our seniors are storytellers, role models, and the hearts of many families. They've lived through seasons of change, shared their wisdom, and helped shape the world we live in. Their lives are full of quiet victories and lasting legacies.

Whether you're looking for meaningful ways to celebrate on August 21—or simply want to make an ordinary

day feel extraordinary—here are a few uplifting ideas to enjoy together:

- **Create intergenerational moments:** Plan a fun art project, cook a favorite family recipe, or start a story-sharing tradition that bridges generations and builds bonds.
- **Celebrate their journey:** Look through old photo albums, revisit favorite songs or movies from their youth, or ask them to share a cherished memory.
- **Encourage wellness and joy:** Try a gentle movement class, spend time outdoors, or simply enjoy a cozy afternoon chat. Small moments matter.
- **Volunteer side by side:** Join a local cause together or help them share their knowledge through mentoring, reading to children, or crafting for a good cause.
- **Be present:** Your time, attention, and laughter are often the greatest gifts. Share a meal, play a game, or just sit and talk in whatever way brings joy and connection.

The seniors in our lives deserve to be honored not just on August 21, but in the little moments we create with them all year long. **Every shared smile, story, or simple visit is a chance to show them just how much they mean to us.**



TREVISO
TRANSITIONAL CARE

ACTIVITY HIGHLIGHTS



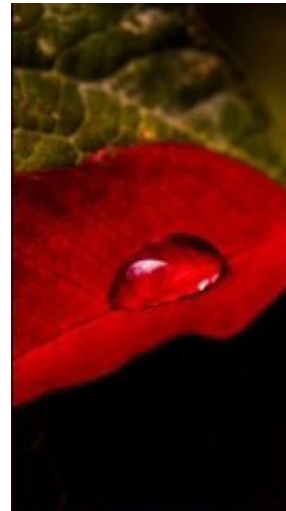
HAPPY BIRTHDAY

RESIDENTS

Margaret N.	8/02
Latonya M.	8/05
Nadia R.	8/07
Sharonda J.	8/08
Alstina B.	8/13
Antoinett C.	8/15
Sylvia M.	8/18
Kelton K.	8/24
Lisa P.	8/28
Aaliyah S.	8/29
Jakannen H.	8/31

STAFF

Margaret N.	8/02
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COLOR ME!

Coloring isn't just for children – it has been proven to have great benefits for all ages, including stress relief, improving motor control, creativity and increasing concentration. Coloring books targeted towards adults have become a popular trend in our country in the last few years. **On August 2, National Coloring Book Day**, grab some crayons, colored pencils or markers for some relaxing fun!



SPECIAL EVENTS

August 2nd-Back to School Bash Backpack giveaway, food, drinks, bounce house, popcorn, snow cones

Aug 8	Elvis Week begins		
Aug 6	Women's Spa Day		
Aug 13	Men's Hunting Trip		
Aug 15	Game Day		
Aug 15	Museum Day		
Aug 27	Country Store/Blue Bell Ice Cream Parlor		

Welcome to New Residents

Greetings!

My name is Miescha Golden and I have been employed with Treviso for 10 years. I am a mother of 2 and I love traveling. I started out as a Medication Aide and have had the opportunity to move into the management team over the years. I am currently the Director of Talent & Learning, and I am loving the opportunity to engage more with the staff. We have a wonderful team here at Treviso that I am very happy to be apart of. – Team Treviso!

Tips for More Effective Reading

Book Lovers Day on August 9 celebrates the joy of getting lost in a good story. Whether you're revisiting an old favorite or picking up something new, reading is a wonderful way to relax, learn, and keep your mind active.

Read Regularly: Like any skill, reading improves with practice.

Identify Main Ideas: Focus on key characters, major events, and central themes.

Stay Focused: Limit distractions and recap each chapter before moving on.

Reading is a rewarding habit that supports memory, focus, and imagination.

So pick up a good book and enjoy every page!



Short-Term Therapy Success

Karen H. was admitted to Treviso on 6/1/2025 following hospitalization for hip fracture after falling in her garage. After completing her initial PT and OT evals she was requiring moderate assistance with all her activities of daily living. Karen was a rock star during her stay at Treviso. She worked very hard to meet her specific goals which included

moving into Arabella ILF. Following a short two-week therapy stay she has now discharged our facility.

She has decided to continue her therapy treatment at Treviso with our new Outpatient program. She is ambulating over 200 ft with a rolling walker, contact guard assist and is supervision assist with transfers and activities of daily living.



Congratulations!

**Resident of the Month:
Billy M.**

Drumroll for this magnificent President of the Resident Council. Mr. M. also has been a truck driver for 18 years and now loves helping others!





TREVISO

TRANSITIONAL CARE

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LONGVIEW, TX 75605

Admissions: 903.663.2750

trevisocare.com

ADMINISTRATIVE STAFF

Administrator

Matthew Mewborn

Director of Nurses

Sharonda Jenkins

Assistant Director of Nurses

Jann Epps

Director of Admissions

Tiffani Taylor

Director of Business Development

Abraham Pina

Unit Manager

Chadarian Turner & Wendy Womack

Director of Social Services

Stephani Tiller

Business office Manager

Amy Epperson

Director of Talent and Learning

Miescha Golden

Case Management MDS/PPS

Anita Vogelsang & Ivy Watson

Director of Rehabilitation

Kelly Hall

Activity Director

Tosha Royal

Director of Medical Records

Alstina Blanton

Director of Housekeeping

Felicia Peoples

Dietary Manager

Jessielyn Hawkins

Director of Maintenance

Darrell Smith

Payroll Coordinator

Katherine Hall

Nurse Practitioners

Teresa Darden & Jetta Bowman

Medical Director

Dr. Perez & Dr. Davis



WORD SEARCH Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!

L	O	X	D	H	A	P	P	I	N	E	S	S	M	I
F	O	A	D	Z	M	Y	E	Y	O	C	W	V	J	L
Z	E	T	Y	V	A	X	S	R	D	M	F	L	C	L
R	S	T	W	B	C	M	G	L	E	Y	G	W	G	P
K	T	W	D	I	T	A	A	K	J	B	J	E	M	O
T	X	Z	W	F	I	R	E	L	A	X	Y	L	J	Y
P	C	Q	C	Z	V	S	P	S	B	O	W	L	J	Z
G	X	S	I	J	I	H	I	F	O	Q	F	N	I	R
S	M	O	R	E	T	M	D	X	O	V	I	E	Q	G
L	C	B	K	E	Y	A	X	G	K	U	X	S	U	X
X	O	F	I	L	H	L	M	U	S	I	C	S	K	Y
O	L	U	N	V	O	L	E	M	O	N	A	D	E	Q
K	O	H	G	I	X	O	P	R	E	S	L	E	Y	C
L	R	P	W	S	D	W	L	X	S	E	N	I	O	R
K	G	O	E	V	R	N	L	K	P	S	V	P	C	N

WORD LIST

ACTIVITY
BOOKS
COLOR
ELVIS
HAPPINESS
KING
LEMONADE
MARSHMALLOW
MUSIC
PRESLEY
READ
RELAX
SENIOR
SMORE
WELLNESS