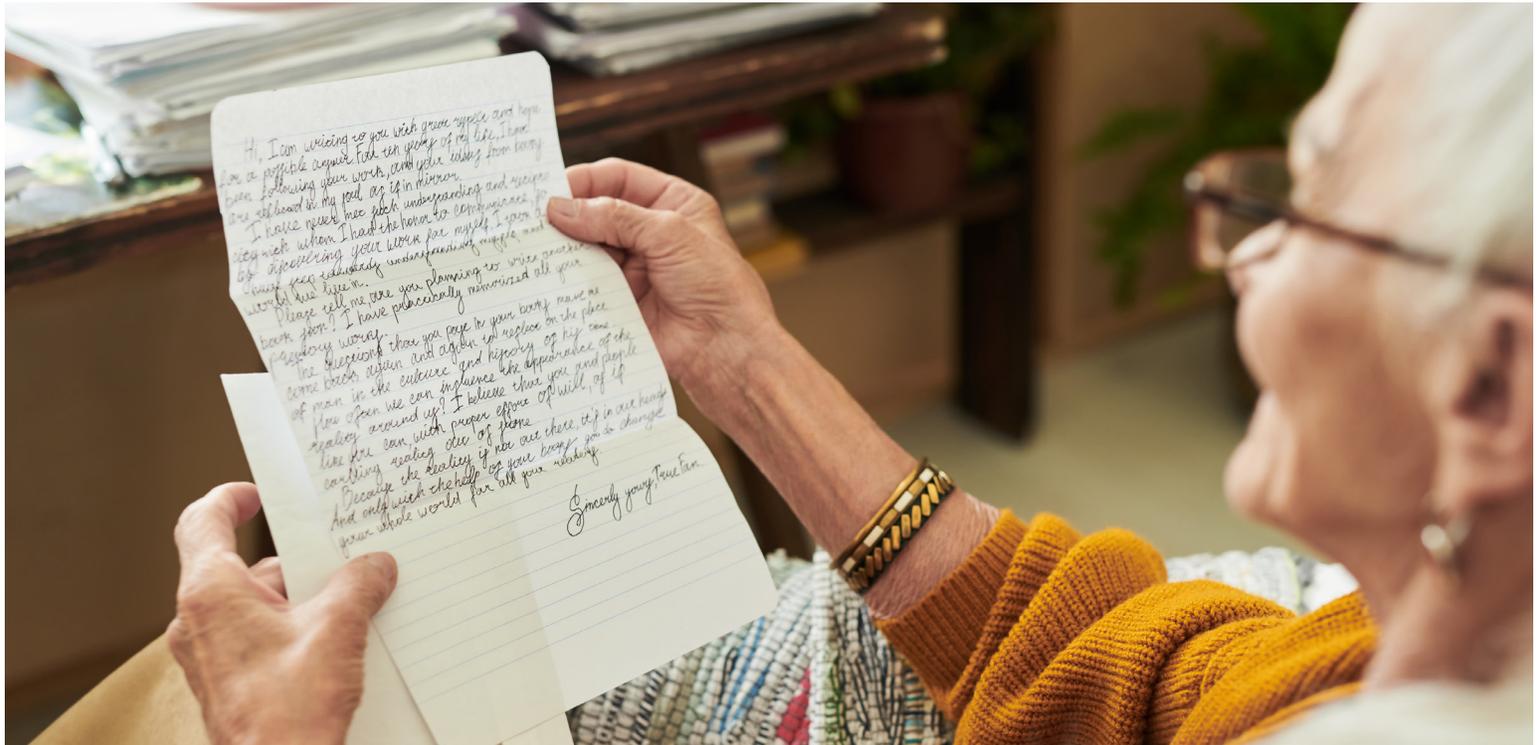


# TREVISO TRANSITIONAL CARE



## Making Everyday Moments Awesome

**March 10 is National Day of Awesomeness, a day to notice the little things that make life enjoyable and to share them with others.** It's the perfect excuse to celebrate simple joys and connect with the people around you, no matter your age.

### Notice the little things

Take a few minutes today to spot moments that make you smile. Maybe it's a favorite song, a sunny spot by the window, or the smell of fresh coffee. Keep a small notepad handy and jot down

anything that sparks a happy memory or makes you chuckle.

### Reach out to someone special

Call a friend, share a funny story with a grandchild, or send a note to someone you haven't seen in a while. Even a quick chat or a shared laugh can brighten both your days. Try sending one message or making one call today to lift someone's spirits.

### Share the fun

Do something enjoyable with someone else. Read a favorite story together, play a simple game, or swap memories from the past. Ask a child or grandchild to share their favorite silly joke or story with you.

### Treat yourself

Take a moment to enjoy something that feels special to you. Indulge in a favorite treat, savor a comforting drink, listen to a song you love, or spend a few quiet minutes relaxing. Choosing a small pleasure just for yourself can lift your mood and make the day feel a little more awesome.

This National Day of Awesomeness, celebrate the everyday joys and connections that make life brighter for you and everyone around you. Small actions, shared laughs, and simple moments of fun can turn an ordinary day into something truly awesome.

Source: [millionhearts.hhs.gov](https://millionhearts.hhs.gov)



**TREVISO**  
TRANSITIONAL CARE

# Super Bowl Photo Highlights



## HAPPY BIRTHDAY

### RESIDENTS

Camilla C.	3/4
Rickey J.	3/5
Nita W.	3/6
Martha C.	3/9
Jerrie M.	3/12
Milton E.	3/15
Fredia M.	3/15
James E.	3/17
Lesley S.	3/25

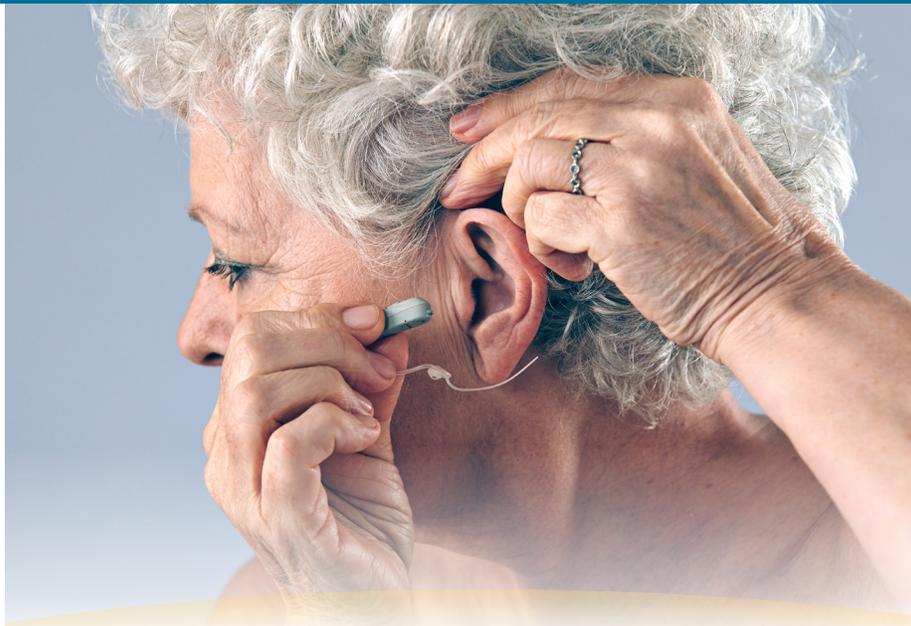
### STAFF

Latasha T.	3/1
Kelci W.	3/3
Miescha G.	3/4
Dorothy R.	3/9
MyRisha W.	3/10
Tycie B.	3/12
Cecila V.	3/18
Marcela R.	3/24
Joyce M.	3/25
Yolanda T.	3/26
Amy E.	3/26
Jeannffer F.	3/27

## Welcome New Residents

Greetings!

Welcome to Treviso Transitional Care. We would like to personally welcome you, and your loved one, to our facility. At Treviso, it is our mission to deliver premier healthcare services. We do this through dedicated and compassionate employees, accommodating the individual needs of our residents. We offer a home-like environment where our primary focus is to ensure the quality of life that you or your loved one desires. We realize that being in a nursing facility may be an uneasy experience. Therefore, through our values of Compassion, Attitude, Respect, Excellence and Service, strive to make your stay as pleasant, comfortable, and successful as possible. These values are what drive our TEAM. We always welcome your comments and questions. Your communication is extremely valuable for us to meet all of your healthcare needs. Please do not hesitate to reach out to myself or any of our other staff members for anything you may need.



## RECOGNIZING HEARING LOSS

World Hearing Day, observed annually on March 3, promotes ear and hearing care across the world and raises awareness of how to prevent deafness and hearing loss. If you have any of these signs or symptoms, you may have hearing loss caused by noise:

- **Speech and other sounds seem muffled**
- **Trouble hearing high-pitched sounds (e.g., birds, doorbell, telephone)**
- **Trouble understanding conversations when you are in a noisy place, such as a restaurant**
- **Trouble understanding speech over the phone**
- **Trouble hearing speech consonants (e.g., trouble hearing the difference between s and f, between p and t, or between sh and th in speech)**

- **Asking others to speak more slowly and clearly**
- **Asking someone to speak more loudly or repeat what they said**
- **Turning up the volume of the television or radio**
- **Ringling in the ears**

Untreated hearing loss, especially in older adults, can lead to:

- **social isolation**
- **depression**
- **dementia**
- **falls (leading to injury)**
- **inability to work or travel**
- **reduced physical activity**

Don't wait until you show signs of hearing loss. Have your hearing examined by your doctor during your regular checkup. If you have any signs of hearing loss, get tested by a qualified healthcare provider.

Source: [cdc.gov](https://www.cdc.gov)

## Congratulations!



**RESIDENT  
OF THE  
MONTH:  
EARL S.**

## SPECIAL EVENTS!

- |      |   |   |
|------|---|---|
| 3/2  | Dr. Seuss Day<br>Read Across<br>America |    |
| 3/8  | International<br>Women's Day            |    |
| 3/17 | St. Patrick's Day                       |  |
| 3/23 | National Puppy Day                      |  |

## Valentine's Day



*Always Accurate Hospice and Care Big Provider Services engaged with Treviso staff designing personalized trucker hats for Valentine's Day.*



# TREVISO

TRANSITIONAL CARE

1154 E HAWKINS PKWY  
LONGVIEW, TX 75605

Admissions: 903.663.2750  
[trevisocare.com](http://trevisocare.com)

## ADMINISTRATIVE STAFF

### Administrator

Matthew Mewborn

### Director of Nurses

Sharonda Jenkins

### Director of Business Development

Abraham Pina

### Director of Admissions

Tiffani Taylor

### Business Office Manager

Amy Epperson

### Director of Talent and Learning

Miescha Golden

### Assistant Director of Nurses

Jann Epps

### Unit Managers

Chadarian Turne | Wendy Womack

### Director of Social Services

Stephani Tiller

### Case Management MDS

Anita Vogelsang | Ivy Watson

### Director of Rehabilitation

Kelly Hall

### Activity Director

Tosha Royal

### Director of Medical Records

Alstina Blanton

### Director of Housekeeping

Felicia Peoples

### Dietary Manager

Jessielyn Hawkins

### Director of Maintenance

Darrell Smith

### Payroll Coordinator

Katherine Hall

### Nurse Practitioners

Teresa Darden | Jerome Watson

### Medical Directors

Dr. Perez | Dr. Earnest



**WORD SEARCH** Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!



### WORD LIST

- ART
- AWESOME
- BOOK
- CRAFT
- DIABETES
- GREEN
- HEAR
- LISTEN
- MOMENTS
- READ
- SAINT
- SHAMROCK
- SOCIAL
- UPLIFT
- WORKER